

Natural Acne-Friendly Skincare Guide

A gentle introduction to botanicals that support clearer, calmer skin.

Created by Ginger & Pine Apothecary

Best Natural Ingredients for Acne-Prone Skin

Tea Tree Oil: Traditionally used for its clarifying and purifying properties.

Witch Hazel: A plant-based astringent that gently reduces excess oil and soothes visible irritation.

Green Tea Extract: Rich in antioxidants that help calm redness and balance the skin.

Willow Bark: Offers gentle exfoliation, helping keep pores clear and smooth.

Clay (Bentonite or Kaolin): Absorbs oil and draws impurities from the skin.

Aloe Vera: A soothing botanical that helps reduce visible redness and provides lightweight hydration.

Calendula: Known for its calming, comforting qualities.

Jojoba Oil: Balances natural oil production without clogging pores.

Activated Charcoal: Helps remove surface impurities and deeply cleanses.

Ginger & Pine Product Recommendations

Tea Tree Goat Milk Soap: For daily clarifying, non-stripping cleansing.

Charcoal Goat Milk Soap: Balances oil and deeply refreshes the skin.

Bentonite Clay Mask Kit: A simple at-home mask for removing excess oil.

Calendula Skin Salve: A calming salve for redness or irritation.

Jojoba Facial Drops: Lightweight moisture that supports balanced skin.

Anti-Aging Skin Serum: Made with rose oil, castor oil, and frankincense for nourishing support.

Explore our full collection of natural, handcrafted skincare at [Ginger & Pine Apothecary](#).